

這次製作高達模型的經歷讓我明白，急於求成往往會帶來不必要的失敗。不僅在模型製作上，生活中的許多事情也需要耐心和細心。

這一次，我不再急於求成，而是慢慢享受每一個細節的製作過程。我細心地查看每個步驟，認真地打磨每一個零件，耐心地等待顏料的乾涸。

這次經歷告訴我，急於求成無法帶來真正的成就，唯有用心去做，才能收穫滿意的結果。

急於求成，只會揠苗助長

在我的書桌上，有一個高達模型，它是我最近的心血，這模型的製作過程卻讓我深深地體會到「急於求成」的困擾。

一開始，我對高達模型充滿了熱情，迫不及待地想要完成它。我花了幾小時將零件拆開，快速地翻閱說明書，然後開始組裝。因為想要快速看到成品，我並沒有仔細檢查每個步驟。結果，當我拼裝到一半時，發現有幾個零件錯位，以至少了一個關鍵部件，我心中有些沮喪。

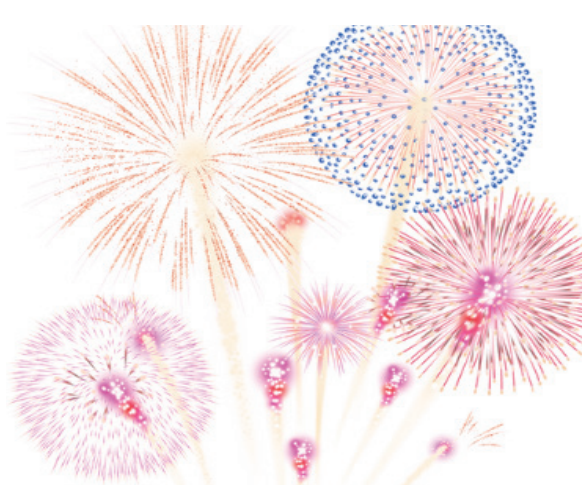
隨著模型的逐步完成，我的急躁情緒越來越明顯。為了追求速度，我忽略了細節，沒有進行必要的打磨和塗裝。完成時，模型的表面粗糙，顏色也不均勻，與我心中想像的完美形象相差甚遠。

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2 D 蘇柏維



快樂的新年

清晨，陽光灑在窗台上，我就知道新年來啦。早上我和家人一起貼對聯，在貼對聯的時候我的貓也來湊熱鬧，我也給牠們穿了紅色的衣服，來迎接新年。

中午和親戚吃飯，晚上去了花市，那裡很熱鬧。走進兩邊都是吃的、喝的，還有花和過年用的東西。我和家人一直往前走才看到賣花的區域，我們買了百合花、康乃馨、雛菊花、橘子等等的花。我們剛出花市就看到有人放煙花，非常好看。

第二天，早上我們去親戚家拿紅包拜年，拿了很多紅包很開心快樂，又去了爺爺家和他拜年拿紅包。下午，我和家人去了汕頭玩，我們開了四小時的車到汕頭，我們到表姐家拜年。表姐帶我們去不同的地方玩，那裡有很多汕頭小吃和美食。晚上我和表姐他們買了煙花，去了海邊放煙花，很好看，我們還買了彩色煙花，它們像彩虹一樣好看。我們拍了很多照片，玩的非常開心。

過了幾天我們回了深圳，假期也結束了。這新的一年我很快樂，這會是我難忘的一個新年！

1 C 楊熙晴

勤勞的奶奶

我的奶奶是一位勤勞的人，她的勤勞就像冬天的太陽一樣暖洋洋的，灑在我們的家。

清晨，當第一縷陽光灑進我們的窗台時，奶奶就已忙碌起來了。在廚房裏，奶奶輕巧地揮動着鍋鏟，為我一家能吃上營養豐富的早餐。那美味的包子，金黃酥脆的油條，還有香氣撲鼻的白粥，都是她一個早上精心製作好的早餐。她總是說：「早上吃得好，一整天都有精神做事。」看着我們吃得津津有味，奶奶臉上露出滿足的笑容。



每次吃完午飯後，奶奶也不閒着。她拿起掃帚，把家裡每個角落都掃得乾乾淨淨。桌椅板凳擺放得整齊，地板擦到可以照出人影。她還喜歡弄花草，陽台上的那些花草草在她的精心照料下，長的鬱鬱蔥蔥，競相開放。

傍晚，奶奶又開始準備我一家人的晚餐。她每次都變着花樣為我們做各種美食，每一道菜都包含着奶奶對我們的愛。飯後，奶奶還要收拾碗筷，清洗餐具，直到一切都井井有條的做完了，奶奶才肯坐下來休息一會兒。

奶奶的勤勞不僅是體現在家務活上，還體現了奶奶對生活的熱愛和對家人的關懷。她用自己的雙手，為這個家營造了一個溫馨、舒適的生活環境。奶奶的勤勞精神也深深的感染着我們，讓我們知道只有付出努力，才能收穫美好的生活。

1 C 林夢琪

2025年4月號



陳黃文采



Restaurant Review
Burger King
Hours: 10:30 a.m. – 10:00 p.m.
Type of Food: Western
Taste: ★★★★★
Service: ★★★★★
Variety: ★★★★★

I love trying new food because I'm a foodie. I heard there's a new Western restaurant called 'Burger King' in Mong Kok. I was there with some of my friends last week. We wanted to try out what Western food tastes like.

When we first walked in, we were greeted by some friendly waiters and waitresses. They have bright smiles on their faces. We sat down in our little booth. After some time, we ordered well-known American dishes, like the Classic Cheeseburger, French fries and a bucket of crispy fried chicken. It took a while, but at last, the food came out and it smelled delicious. We took some pictures and posted them on our blog.

When we took the first big bite, it was amazing! The ingredients were fresh and well-cooked. The fries were a bit salty, but we didn't mind. The best part were the burger, it tasted so different than usual normal burgers. It was more flavourful. After that, we ordered some drinks and they came in quickly. Then, we talked and laughed, and we paid for our food. One of my friends gave the waiter a tip because of their excellent food and service.

I totally recommend trying out Burger King. I haven't tried other dishes yet, but I will definitely come by soon. The dishes there were mouthwatering, and they looked just like the photos on the menu.

However, I hope the place can be cleaner. It was messy when we walked in. Overall, I recommend to come and visit their restaurant.

18 Do Tram Anh Ariana
Teacher: KPL



Technology is good for students

3D Lam Sum Wun Wendy
Teacher: WWF

Technology is good for students. In today's world, it helps students learn better, access information quickly, and connect with others. I believe that using technology in schools can enrich learning experiences and make studying more enjoyable.

First of all, technology encourages teamwork. Students can use online tools to work on projects together, even if they are at home. They can share ideas online and communicate with each other easily. This improves their collaboration skills and helps them learn from each other.

Secondly, technology also makes learning more fun. Many educational apps and games make studying exciting. Students can watch videos and take interactive quizzes, which can keep them engaged. This excitement can lead to better focus and maintain their interest in studies.

Finally, technology prepares students for the future. Knowing how to use computers and the internet in today's world is very important. These skills are needed for many jobs.

In summary, technology benefits students in many ways. It provides easy access to information. Overall speaking, using technology in education is a positive choice that can help students succeed.

You are writing an email to your best friend, Kate, about your Chinese New Year holiday plans. Write about 120 words.

Hi Kate,

How are you? I hope you are doing great in New York! Chinese New Year is coming, and I am excited to celebrate this traditional festival with my family.

First, we will clean the house to start the year fresh. Instead of buying fai chun, we will write fai chun with our own hands to ask for god's blessings. We will also practice calligraphy and paper cutting to create gifts for our family, symbolizing good luck and health.

Next, shopping at the flower market is a must for Lunar New Year. We plan to visit the flower market near Victoria Harbour. I can't wait to enjoy tanghulu with my family; they are the best snack ever!

Afterward, we will visit our relatives' houses to wish them good luck and receive red packets. We will play mahjong together and have a game where the person who says the most blessed words wins an extra red packet! I am looking forward to it!

Finally, we will have a reunion dinner at my aunt's house at 7 pm. Unlike the traditional dinner, we will have a BBQ and make glutinous rice balls, symbolizing togetherness.

What are your plans for the holiday? I hope to hear from you soon!



Best wishes,
Livana

1A Tam Hoi Lam
Teacher: TLY

The Pros and Cons of Social Media

2A Yang Zixuan
Teacher: NYM

Nowadays, social media is a significant part of our lives. It seems that everyone likes it very much because it helps us share our thoughts and pictures quickly. However, is it truly good for us? In this article, we will discuss the pros and cons of social media.

Let's talk about the advantages first. The most significant advantage is that you can stay in touch with your family and friends. If we are in different places and want to tell or ask something, social media is a good way to do so. Another advantage is that you can share your videos, articles, and pictures on it. You can also communicate with people all over the world. If you do a great job on it, you will have a lot of fans and a sense of achievement. Additionally, social media is a great source of information. If you want to know something or check for information, you can get it easily on social media.

However, don't think that it is always a good thing. It also has many disadvantages. First, because it is easy to use and you can have fun on it, it is easy to become addicted. Many students are addicted to it, spending hours a day playing on it. This seriously affects our lives, studies, and health, so don't spend too much time on it. Also, there are many good things and bad things on social media. Students cannot clearly distinguish between these things, so it can also harm people's mental health. Last but not least, as I mentioned before about the advantages of sharing things on social media, it may put your information in danger if you are careless.

So, although social media is very useful, we also need to control ourselves and not spend too much time on it. Don't believe everything on social media; some things may be false. Use it carefully and wisely. Let's make it a great tool!



You are an intern at Hong Kong Correctional Services. The government has launched a campaign called second Chance to encourage employers to recruit reformed criminals or drug addicts. Write a letter to all Hong Kong business outlining the new project, explaining the benefits and persuading them to join the scheme.

5A Tse Man Hin
Teacher: CC

Dear Business Owner,

On behalf of Hong Kong Correctional Services, I am writing to inform you the new campaign called 'Second Chance' in which the government aims to encourage employers to recruit reformed criminals or drug addicts.

The new project suggests that some basic positions in your company could be reserved for the reformed criminals or drug addicts, such as security guards and cleaners, allowing them to earn a living and get familiar with the society. I understand that recruiting ex-criminals is not a piece of cake with many worries surrounded. You may worry about whether they will commit a crime again, such as burglary. It is undeniable that having this sense is understandable, as little do the public know about what criminals usually do in prison. Nevertheless, is the proverb 'Once a thief, always a thief' always true? Not necessarily. Making mistakes is not uncommon among all walks of life and what should we do to learn from mistakes. Based on this, why don't we provide a second chance for those who committed wrongdoings? They deserve a chance to lead a normal life again in our bustling city.

Being an intern at Hong Kong Correctional Services for three months, I have gained insight into their lives. I have witnessed a number of criminals to turn over a new leaf inside the jail. They read to enrich their knowledge, they learn how to cook, and they even learn sewing to acquire new skills. That is the real scene in jail instead

of laziness, fighting, and lying in bed. Criminals are making attempts to remedy wrongdoings they committed before. They are optimistic, self-disciplined, and responsible. With these positive attitudes, I think they can help increase productivity in your company.

Besides, recruiting reformed criminals or drug addicts could help your company build up a better reputation. A non-discriminatory image will be established if you choose to recruit ex-criminals. As many companies in Hong Kong usually concentrate on talents and efficiency, experts and professionals are prioritized to be hired. Therefore, employing reformed criminals or drug addicts marches to the beat of a different drum, showcasing your company is a tolerant and helping reformed people orbit in the community.

Employing reformed criminals and drug addicts not only brings benefits to your company but also gives them a second chance. This is a win-win situation. Hence, I sincerely hope that you will consider participating in our latest campaign.

Yours faithfully,
Chris Wong



You and your family are planning a weekend trip to Seoul in South Korea with your family. Write an email to your cousin Steve about the trip.

2D Zhu Ka Po
Teacher: TLY

Hi Steve,

How are you? I am going to Seoul with my family this weekend. Our flight takes off at 8 a.m. We booked accommodation at a five-star hotel in Seoul.

First, I will go to Hongdae Street. Hongdae Street is full of shops and restaurants and is popular with young people. I am going to buy clothes and accessories there. After that, I will go to a BBQ restaurant for dinner.

The next day, I will visit Superstar Studio, a hair styling and makeup studio. I will get a new hairstyle and take photos after the styling. Next, I plan to take many beautiful photos there. Finally, I will leave with a set of portraits and a new look. It's going to be awesome!

I am so excited! I can't wait to visit Korea! What are you going to do this weekend?



Write soon,
Jennifer

Is technology good or bad for students



3C Su Yu Ting
Teacher: WKK

There has been a lot of discussion about whether technology is good for students. I believe that technology is beneficial.

Firstly, technology helps students find information easily. For example, if a student doesn't understand a topic, they can search for answers on the internet. They can also ask AI tools for help. It allows them to learn faster. If they come across a difficult word, they can use a translation app to find its meaning quickly.

Secondly, technology makes life more convenient for students. For instance, if they want to travel somewhere, they can use Google Maps to find the best route. If they want to chat with friends, they can use Instagram to share photos and stay connected. They can also keep up with local and international news through their devices.

Lastly, technology can help students relax. They can use iPads to listen to music. It can help them unwind after a long day. Besides, playing online games can be a fun way to take a break.

In conclusion, technology is good for students because it provides information, makes life easier, and helps them relax.

Do you think home food delivery will continue to be popular?



6A Yau Lee Sho, Jade
Teacher: WCY

I believe that home food delivery will continue to be popular in the future for several compelling reasons. Many people appreciate the convenience of having meals delivered directly to their homes. This service saves time and effort, especially for those who are busy with work or school assignments, as well as for individuals who are unwell and unable to go out. Instead of cooking or dining out, they can simply order food with a few clicks on their phones, enjoying restaurant-quality meals in the comfort of their homes.

As technology advances, food delivery services are becoming increasingly accessible. Apps like Uber Eats, Keeta, and Food Panda make it easy to explore a variety of restaurants. Consumers can compare cuisines, prices, and read reviews to make informed choices. Restaurants also benefit from this trend, reaching a broader customer base without incurring significant extra costs.

While some may express concerns about delivery fees, many people are willing to pay for this convenience. Additionally, ordering food with family members or colleagues can help spread out the delivery costs, making it more affordable for everyone involved.

My Favorite Hobby

1D Ng Ching Wai
Teacher: CKS

My favorite hobby is playing video games. It is fun and exciting. I like to play with friends. I always play Brawl Stars with my classmate, Tom Cheung.

My favorite character is El Primo. I have many skins and characters. The skins are cosmetic, and I use them to personalize my Brawler and stand out in matches.

My friend Tom always beats me, but he pays to win. He buys green gems to unlock more characters. That's not fair, but I value my friendship with Tom. We team up and compete against others.

I enjoy the game because it is fun and challenging. I recommend it. Brawl Stars is a high-quality fighting game. The characters can interact, and the animations are fantastic.



MY FAVOURITE FESTIVAL

1C Tang Yuk Lung
Teacher: CWP

There are many festivals in a year, for example, Chinese New Year, Mid-Autumn Festival and Christmas. My favourite festival is Halloween. It is a western festival. It is in October.

I usually go to my friend's house to play trick-or-treating and enjoy some sweets together. We also like to wear scary costumes. I like to eat cookies. My mum always bakes some delicious pumpkin cookies for me to share with my friends. I also like to eat candies in different funny shapes, like eye ball, bat and ghost.

It is fun and wonderful to celebrate Halloween. Therefore, I like Halloween very much.



The Impact of Music on Concentration and Focus

5C Tang Yui Chit
Teacher: NYM

There has been much discussion about music and concentration. In my opinion, music can enhance our ability to focus. In my experience, especially during running and studying, I listen to music.

To further elaborate, listening to music during runs has many benefits. For example, it can improve our mood and mental state. If you listen to your favorite song during a run, you will feel more motivated. Additionally, listening to music while studying can increase efficiency and prevent you from feeling bored. However, there are different types of music; some can enhance your ability to focus, while others will distract you from your work.

According to information on the internet, listening to hip-hop or rap can prevent you from concentrating on your task at hand. This is because the heavy sense of rhythm can cause people to focus on the melody and lyrics, which may distract you from your task.

If you want to listen to music to enhance your ability to focus, some types of music are better than others. For example, classical music, instrumental music, or natural sounds can be beneficial. These types of music reduce linguistic distraction and create a relaxing feeling. They not only enhance your ability to focus but also improve your learning outcomes by decreasing noise and keeping distractions at bay.

Finally, listening to music can surely enhance our ability to focus, but we should choose music that creates a relaxing atmosphere rather than making excessive noise.



Come and Join Our Music Festival!

6A Sin Ching Yiu
Teacher: ZWP

We are excited to announce an interesting, unforgettable, and enjoyable event: our upcoming Music Festival. This year, we will provide a wealth of shows for everyone and this Music Festival is one of them. We hope you will be relaxed and feel comfortable after our show. In the following, I will share the time, place, and highlights of the show.

First, the Music Festival will be held on 18 March 2025, from 5 p.m. to 9 p.m. in our school, the Hong Kong Banyan School. We offer food and drink during the show. A ticket only costs \$8 per person, which is not expensive! We welcome all past and present students to join our Music Festival.

Now, let's share some highlights! We will have different types of music that you can enjoy, such as R&B, Rap, and Jazz music. There will be many types of music players in our show. Not only will there be singers to perform, but also keyboard players and bass players. You must catch this gold chance to watch this show. There will be photo-taking time after the show, and you can take a selfie with your favorite singer or player.

If you have any questions that you want to ask, please feel free to email chirs Wong@hkbs.edu.hk. See you at the festival!



我小時候在補習班經常不說話，也沒有人和我說話，我也不打算交朋友，直到是有一天有一個女孩主動和我說話，她說她有玩第五人格，想和我一起玩，我回家後就打開第五人格找她，她同意後問我現在玩不玩，反正我現在也沒有事情做，我就答應了，我和她玩到一半的時候，她就說她有事情做，先不玩了，明天再玩吧。



小時候的朋友

2D 郭靜瑤

老師就像光，照亮了我的前路。親愛的老師，謝謝你們的教導！



勤勞的老師

1C 鄭巧喬

我以前覺得老師只是派功課的狂魔。但，慢慢發現老師的教導很輕，彷彿一陣風就能吹散，可從未曾飛出那一座四壁環繞的校園。

當老師真的不容易，首先，老師要批改學生的功課和試題，進行相關教學行政的工作也要評估學生的學習進度。

其次，老師也加班到很晚，也可以不睡覺而在趕明天的資料，勤勞地為我們改卷子。老師不會放棄我們每一個，我們卻看不到老師在我們面前說過很累。

我們有錯時，老師不會罵我們，反而會耐心地跟我們講道理。若我在人海中迷失方向，老師就如同明燈一樣照亮我。

然後，我從老師身上學習到勤勞的意義。將努力帶給別人，終有一天，努力像回報，把結果帶回自己那裏。



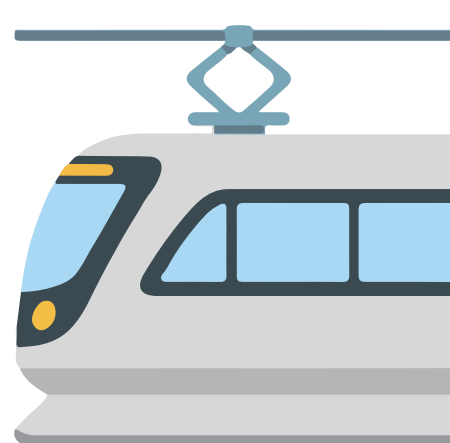
回校路上

1D 李添華



每天的早上，我都會上學去，當我坐上那輛回校的巴士時，才發現車廂內十分擠迫，很不容易才找到一個位置。巴士行駛時，我望着窗外，街道上人來人往，有的路人一邊聽著歌，一邊跑步，有的提著公事包，匆忙地趕上班。當然，我還看見和我一樣上學的學生。在碧湖公園，每天早上都會聚集許多活力充沛的人們，有些老人在做早操，俐落靈活地伸展動作，看起來朝氣勃勃。在行車道上，正值繁忙時段，交通十分擠塞，車輛的黃白色大燈，照耀著地面，加上紅綠燈不斷重複閃爍，使地面形成一幅繁華熱鬧的圖畫。巴士繼續行駛，不知不覺，巴士已經來到學校，我小心翼翼地下車，徐步進入學校的大門，愉快地迎接新一天的到來。

我輕鬆愉快地去，我站在學校門口前，收拾好心情準備進入校門口，迎接新的一天。



回校路上

1D 曾泳芯

準備好所有上學的東西後，我背上書包上學去。

一路出家門，涼風送臉，我看見老人家一大早出來散步，有些熱情的老人家會笑着說早安。我到達樓下，看見一班退休的公公婆婆在操場上耍大槌和做運動。

前往輕鐵站的路上，看見其他中學的學生也一起前去搭輕鐵。我到輕鐵的月台，等候輕鐵的時候，看見有上班的人士在等車，還看見有學生的媽媽帶着他們上學去。輕鐵到了，有很多人擠進車廂裏，輕鐵裏有老人家在看報紙、有學生在看電話和溫習。

我下車時，有很多學生也一起下車回校去。我離開月台時，我仰望天空，刺眼的陽光隨即灑遍全身，還有小路兩旁樹枝在揮舞。

我輕鬆愉快地去，我站在學校門口前，收拾好心情準備進入校門口，迎接新的一天。

視藝科與中文科合辦：漢服設計及作文比賽

為弘揚中華文化，培養同學創意與審美能力，視藝科與中文科於語文周期間合辦一場別具意義的「漢服設計及作文比賽」。同學透過設計與文字的雙重創作，展現春節的喜慶氣息與傳統之美。

1D 李正晴·蕭幸翹

冠軍



語文周
漢服設計比賽

漢服的理念是有春天氣息的秋葉，表達了秋葉是有不同的形態，秋葉都可以表達了陽光和開心，像春天秋葉下落的時間，服裝內主要有綠色和黃色做主題，黃色和綠色都是很有春天氣息的顏色，黃色可以表達了快樂，綠色可以表達文雅。衣服內的樣式是有動物可以到新一年對了十二隻動物，衣服內有精美的圖像，漢服有不同的美感。

3A 王俊杰·林嘉欣

亞軍



語文周
漢服設計比賽

吉祥如意，平平安安，乃中國人們的期盼。穿上紅彤彤的漢服，全身洋溢出新春的氣息。打上具有代表性的中國結，象徵了團結。提上寓意着幸福的燈籠，讓人們深刻聯想到歡樂融融的春節，漢服上的祥雲乃設計中心，代表了充滿希望的生活以及對未來的無限展望，望這幅畫作能給予大家動力及力量，身臨其境的融入新春氛圍。

3C 蔡婧雅·嚴梓柔

季軍



語文周
漢服設計比賽

設計理念因今年2025為蛇年所以裙身有嘗試加入蛇的元素和漢服融為一體，而裙旁的絲帶化作蛇圍繞着漢服，裙身帶有蛇的皮膚，髮飾也帶有蛇的元素，令整個漢服設計更和諧，而發帶為紅色，裙身兩旁絲帶為綠色為對比色，更突顯兩者的特色，主色為黃色，兩旁絲帶有綠色蛇片帶有由深至淺令綠帶更有層次感，裙尾帶有花。



初中STEAM 紙雕燈箱創作

2A 王梓恩

2A 沙恩琦

2A 何柏穎

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2B 鄭安晴

2B 劉穎樺

2C 尹穎澄

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2D 何鎮宇